

THE WYNTON MARSALIS 12 RULES OF EFFECTIVE PRACTICE:

1. Seek out the best private instruction you can afford.
2. Write/work out a regular practice schedule.
3. Set realistic goals.
4. Concentrate when practicing
5. Relax and practice slowly
6. Practice what you can't play. – (The hard parts.)
7. Always play with maximum expression.
8. Don't be too hard on yourself.
9. Don't show off.
10. Think for yourself. – (Don't rely on methods.)
11. Be optimistic. – "Music washes away the dust of everyday life."
12. Look for connections between your music and other things.